



Uncles and Aunts at Large (Edmonton Area) Society

11031 – 124 Street, Edmonton, AB T5M 0J5

Tel: 452-5791 / Fax: 453-6914

E-Mail: info@unclesatlarge.ab.ca

Internet Address: www.unclesatlarge.ab.ca

Dear Parent/Guardian,

Do you want to improve a parent-teen relationship?

If so, the Uncles & Aunts at Large **Strengthening Families Program** can help. **This free, 14-week** internationally recognized life skills program for parents and teenage **children (12-16 yrs)** has helped thousands of families and is now available in Edmonton.



The **Strengthening Families Program** helps teens and parents improve communication skills in the family, resolve problems more effectively, and manage emotions and anger in ways that strengthen rather than strain their relationship. Each group starts with a **family meal (5:30pm)** followed by **separate parent and teen sessions (6:00pm)**. The evening ends with a family session where parents and teens **practice the skills they learned together (7:00pm-8:00pm)**. **Child care is provided** for younger siblings (3-11 yrs). Some transportation will be provided for those families who would otherwise not be able to attend.

Two groups will begin in the fall; **Wednesday Sept 14th and Thursday Sept 15th/2016**. We have rented space at Inglewood Christian Reformed Church on **124 st and 113 ave** where sessions will be held. We are sending this letter to let interested families know about the opportunity so that we can **get them registered over the summer months**. If you would like to learn more about the Strengthening Families Program, please sign below and an Uncles & Aunts at Large staff will contact you this summer with more details. Alternately, feel free to contact Uncles & Aunts at Large directly at 780-452-5791 or info@unclesatlarge.ab.ca.

Sincerely,

Michele Charest, RSW
Community Liaison
Uncles & Aunts at Large
780-452-5791

Parent Contact Consent:

Yes I agree to have Uncles & Aunts at Large call me in the future regarding the Strengthening Families Program and other services that support families:

Youths Name: _____

Parent/Guardians Name: _____

Parent/Guardians Signature: _____

Phone Number and/or email: _____

